Laura Gurton was born and raised in Brooklyn, New York, where her childhood was filled with art books, museum visits, theater, ballet, foreign films, music, and painting classes at the Brooklyn Museum. Inspired by the artwork of her mother and uncle, she chose to follow in their footsteps.

Laura's love for art materials led her to explore a wide range of techniques while attending the Philadelphia College of Art, the School of Visual Arts, and the Parsons School of Design. She is deeply grateful for the teachers who served as her role models. Cynthia Carlson taught her Josef Albers' color theory, and May Stevens was incredibly generous with her time and experience. Marcia Tucker, who had just founded New York City’s New Museum, taught a class about the art world. Additionally, Audrey Flack and Alice Neel co-taught the painting studio Laura attended. Having these remarkable women artists as instructors made it feel entirely possible that she could succeed in the art world as well.

After returning to the School of Visual Arts for art education classes, She earned a Master's Degree in Supervision and Administration in the Arts from a joint program offered by Bank Street College of Education and Parsons School of Design. Throughout her career, Laura has studied color theory, drawing, painting, printmaking, sculpture, animation, stained glass, art history, and art education.

With her Master's Degree, she secured the position of Head of the Art Department at the Brooklyn Children's Museum. Following this role, she taught and became the head of the art department at Edward R. Murrow High School, which featured the largest and most prestigious art department in Brooklyn. While she thoroughly enjoyed working with the teenagers and the nine art teachers in her department, she found it difficult to balance the responsibilities with her own artistic practice. After seven years, she made the decision to leave her position and relocate to Woodstock, NY, to focus on her art.

After moving to the Hudson Valley, Laura was inspired by its natural beauty and artist communities, which allowed her art to flourish. Since then, she has developed a unique style and regularly shows her paintings in a variety of venues throughout the Hudson Valley, New England, New York City, New Jersey, and California.

In May of 2016, Laura was selected for a solo show funded by the New York State Council for the Arts at the Lake George Courthouse Gallery in Lake George, NY. It has been a privilege for her to show her work locally as well as having been recognized on the worldwide stage by being chosen to participate in the 55th Venice Biennale, Art Southampton, The LA Art Fair, Miami Context, and Art Taipei.